

Name _____

Date of Test _____

Health Study Guide A-2

1. An addition to the family that may not be permanent is a foster child.
2. Your father loses his job. You could offer support by encouraging him.
3. A sports team is a group that would most likely be organized by responsible adults.
4. You could stay in control when you are angry by stopping what you are saying.
5. A bully is physically abusing you when he trips you whenever you walk by.
6. When a friend pressures you to cheat on a test, you should use resistance skills.
7. True friends always tell each other the truth.
8. Your mother needs an egg. You could help by offering to go to the store.
9. Heredity is the traits passed on to you from your birth parents.
10. Mediation involves a third person who helps people find a responsible solution to a conflict.
11. Self-control is deciding not to say or do something that you know you shouldn't do.
12. A role model is someone who shows behavior that other people copy.
13. Legally taking a child of other parents into a family is adoption.
14. A clique is a group of people who keep others out of their group.
15. Peer pressure is when peers try to influence you to do something.
16. Family guidelines are rules that are set by your parents or guardian that tell you how to act.
17. I-message is a healthful way to communicate about a problem and how it affects you.
18. Separation is when a couple is still married but living apart.